

## LESSON PLAN

## 01

**This is Me.**

<b>Warm-up</b>	Each student chooses an object that best describes himself/herself. Show the class what they have chosen and describe how the object best represents them.
<b>Pre-activity</b>	Read 'This is Me' in REP 4 pages 10-16.
<b>Main-activity</b> Write a Postcard!	Write a postcard to Amber and include the following: 1. How can you encourage her in her current situation? 2. What suggestions can you give to help her face her difficulty with courage?
<b>Post-activity</b> Reflection!	Question for reflection:  How does this exercise help you to relate to someone like Amber in your class/CCA/school?

## LESSON PLAN

## 02

# Moral Courage

**Warm-up**

Use plasticine/clay to create a representation of moral courage.

**Pre-activity**

Students note down the characters they can find in REP 4 who showed moral courage and provide brief notes on each character:

Character	How did he/she show moral courage?
Abbey D'Agostino	She stopped to help another runner during the 5000m race at Rio Olympics and forfeited the chance of winning.

**Main-activity**

It's a Pledge!

Write a pledge you would make to show moral courage.

**I would speak out against bullying.**

**I would speak the truth even if others might reject me.**

**Post-activity**

Mosaic Time!

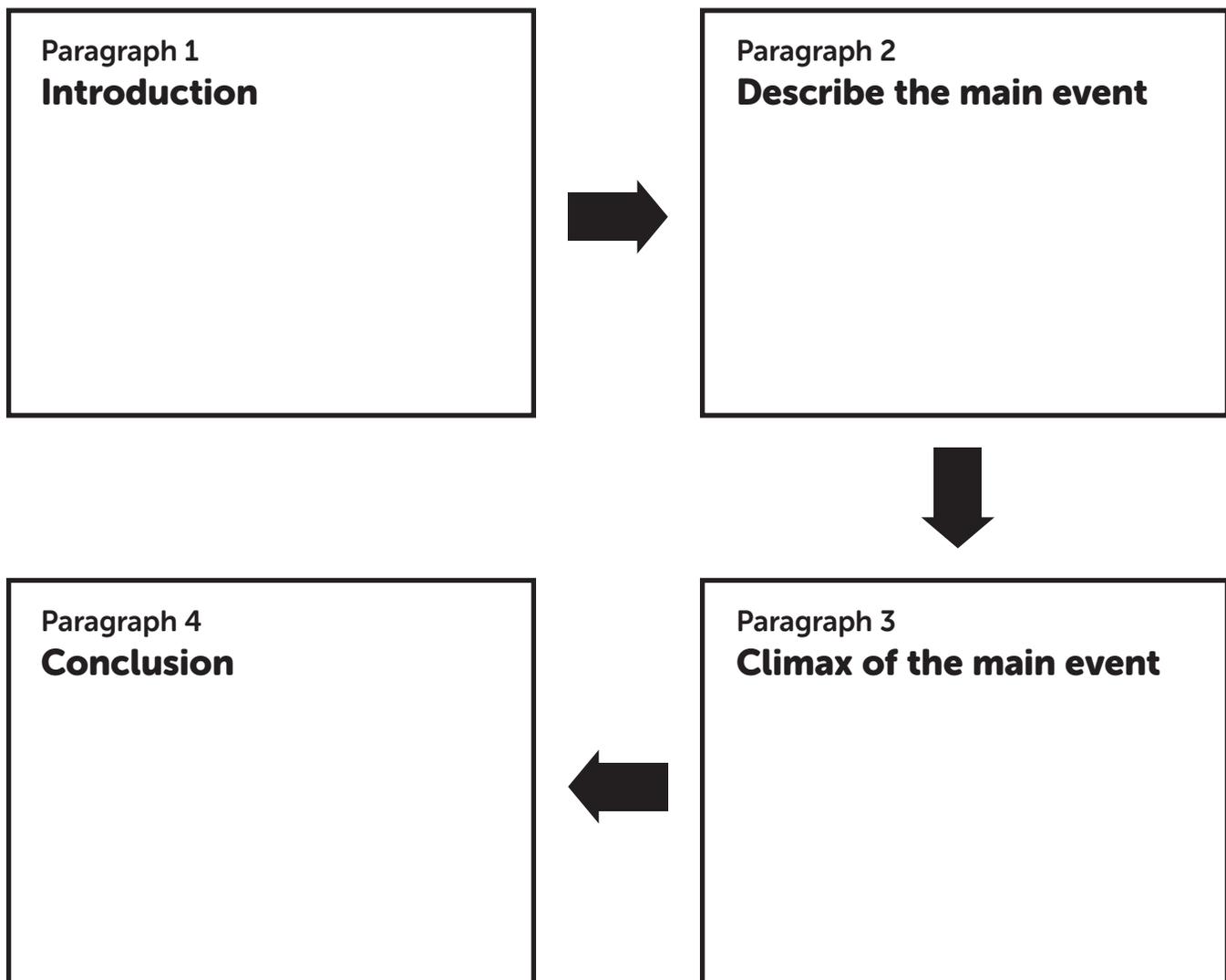
Students write their pledge on an A5 coloured paper and paste it on the wall to form a colourful mosaic, with the contributions from all the students in class.

# Writing Activity

**Write about a time when you faced a difficult challenge and how you overcame it by yourself.**

Before you start writing your essay, it is important to plan your story first. A good personal recount has a clear and understandable order of events. How you would usually order your events would be by the time each event happened. In other words, a chronological order is key!

To help you out with structuring your essay, here is a flow chart for you to complete.



# Additional Activity

After reading *Flight of Fantasy*, you have explored the main feelings of Amber Foster as she reacts to the events following her first day at public school.

Complete the flow chart below by choosing one word from the box to summarise the main emotion described in each part of the narrative. There are a few extra words that you do not need to use.

humiliated    fury    irritation    regret    afraid    awkward    determination    wary

Paragraph 3 :



Paragraph 8 :



Paragraph 11 :



Paragraph 14 :



Paragraph 22 :